

ALBERT T DOMINGO MS MD INC.
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Post-Operative Instructions

Discharge instructions after Hysteroscopy, Dilation and Curettage, Endometrial Ablation

Expect some dark reddish – brown vaginal discharge for a few days.

Expect a large amount of watery drainage or vaginal discharge for two to three weeks.

Nothing in the vagina for four weeks. NO intercourse, NO tampons, NO douching.

You may shower (no tub baths x 4 weeks).

CALL THE OFFICE AT 330-452-9460 IF ANY OF THE FOLLOWING OCCUR:

1. Fever and or chills develop.
2. Lower abdominal pain or cramps develop.
3. Bright red bleeding or large amounts of bloody vaginal discharge appear.

DON'T FORGET TO MAKE YOUR POST-OPERATIVE APPOINTMENT!!! NO RESULTS CAN BE GIVEN OVER THE PHONE!

Post Operative Appointment: _____ Time _____

Stay Healthy Stay Well